

HLTFA301C

Apply First Aid

On successful completion students will be issued with a Statement of Attainment in "HLTFA301C Apply First Aid".

Course Aim:

To provide the necessary skills and knowledge to enable first aid response, life support, management of casualty(ies), the incident and other first aiders, until the arrival of medical or other assistance

Prerequisites/Co-requisites:

There are no prerequisites or co-requisites for this competency unit.

This unit incorporates the content of units:

- HLTCPR201B Perform CPR and
- HLTFA201B Provide Basic Emergency Life Support

Course Objectives:

By the end of the course, the student will be able to:

- Conduct an initial casualty assessment
- Plan an appropriate first aid response in line with established first aid principles, policies and procedures, ARC Guidelines and/or State/Territory regulations, legislation and policies and industry requirements and respond appropriately to contingencies in line with own skills
- Demonstrate correct procedures for performing CPR using a manikin, including standard precautions (i.e. as per unit HLTCPR201B Perform CPR)
 - Apply first aid principles
 - Infection control, including use of standard precautions
 - Follow OH&S guidelines
- Demonstrate:
 - Safe manual handling
 - Consideration of the welfare of the casualty
 - Ability to call an ambulance
 - Site management to prevent further injury
- Provide assistance with self-medication as per subjects own medication regime and in line with State/Territory legislation: regulations and policies, and any available medical/ pharmaceutical instructions
- Administer medication in line with state/territory regulations, legislation and policies
- Prepare a written incident report or provide information to enable preparation of an incident report
- Communicate effectively and assertively in an incident
- Make prompt and appropriate decisions relating to managing an incident in the workplace
- Call an ambulance and/or medical assistance according to relevant circumstances and report casualty's condition
- Use literacy and numeracy skills as required to read, interpret and apply guidelines and protocols
- Evaluate own response and identify appropriate improvements where required

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Course Assessment:

Students will be assessed to determine their competency in this unit both theoretically and practically.

The theory assessment consists of multiple choice and short answer questions

The practical assessment will require students to attend and treat casualties in a number of scenarios. Students will also be assessed for competency in CPR; simulation will be performed on a manikin under trainer/assessor supervision.

Course Duration:

16 Hours

Course Location:

Unless expressly agreed, all courses are conducted at our Silverwater premises. Confirmation of course location will be provided at time of enrolment.

Please contact us for course schedules and locations.

General Conditions:

- Cancellation of booking less than 14 days prior to commencement of the course will attract a 50% administration charge.
- No refunds will be payable after course commencement.
- Capital Safety reserves the right to cancel, postpone or vary course dates or venues.
- Capital Safety reserves the right to allow delegates a "once only" transfer between courses, venues or dates. Further transfers will incur an administration fee. Contact the office for fee information.
- Dress code: Courses are conducted in a simulated work environment; therefore students must be attired appropriately. Closed shoes/boots only. No sandals or thongs. Students wearing sandals or thongs will not be allowed into the course.
- Students arriving late will not be allowed into class.
- You are not booked into a course until you receive confirmation from Capital Safety.

