



TRAINING & CONSULTING SERVICES

Fall Protection | Confined Space | Rescue | First Aid





WHY CAPITAL SAFETY?

Lives are on the line every day and ensuring their safety while working at height is our business. No one understands Height Safety better than Capital Safety. Our fall protection products have been developed from over 50 years of experience from around the globe.

Our fall protection, industrial rescue, confined space and general safety training is strongly associated with the reliable quality of Capital Safety's leading brands DBI-SALA, PROTECTA and UNILINE.

Capital Safety is a Registered Training Organisation (RTO) and complies with the Vocational Education and Training (VET) Quality Framework. We offer nationally recognised and/or customised training courses which can be delivered at your premises or in our fully equipped training facility at Silverwater, NSW.

We see course customisation as important because if it's not exactly what you need, then it's not comprehensive training.

CAPABILITIES

There is more than one way to bring competence to your work site. Capital Safety has highly skilled trainers with industry experience ready to deliver training at our place or yours. Courses can be selected from our open enrolment offering or specifically tailored to your work site and work needs.

The key to effective fall protection training is practical, hands-on experience. We offer a full range of fall protection and industrial rescue courses on-site or at our Silverwater training facility. On-site courses apply professional training to your specific daily work activities. Courses at our facility provide controlled environments, uniquely designed to offer practical experience at heights and confined spaces.

"The Instructor was well versed in the course content and had the practical experience backed up with theoretical knowledge. One of the best trainer/instructors that I have had for any course."

Collin Jay - Suzlon Hallett Wind Farm SA

TRAINING & DEMONSTRATION

Our Open Enrolment Courses are nationally recognised, accredited training, that deliver a Statement of Attainment.

Specialty Fall Protection Courses are tailored for a particular trade or industry's work requirements, such as: transformers & substations, tower climbing/rescue, mining, wind energy and more.

Capital Safety's Mobile Demonstration Vehicles are fitted out with the latest fall protection and rescue systems that bring vital on site tool box talks to your workplace.

New Zealand is not too far away. Capital Safety has strong representation throughout New Zealand providing consultation and training at your work site... anytime, anywhere.

CONSULTING SERVICES

When it comes to working at heights, you don't have to spend any time wondering where or how to begin. Capital Safety experts can help you prioritise issues and create comprehensive fall protection programs at every location.

Utilising our experienced team of consultants and technical resources, we'll review your current fall protection plan and procedures, then identify solutions that go beyond simple compliance considering all applicable standards and industry best practice.

When preparing for a new project site or an existing one, our consultation services provide early identification of fall protection hazards, solutions to minimise the risk and programs to implement training & inspection.

Expert consulting minimises risk and maximises protection by providing early detection of fall protection hazards and provision of best practice solutions.

"I ended up learning a lot more than I thought I would. The practical rescue exercises really helped us take a new look at how to conduct a rescue."

Glen Bishop - O'Donnell Griffin Pty Ltd



Open Enrolment Courses



CAPITAL SAFETY OFFERS TRAINING ANYWHERE, ANYTIME... OUR SITE OR YOURS.

Open enrolment training is offered throughout the year at our Fall Protection Training Centre located in Silverwater, NSW. The units of competency cover a wide variety of topics essential to height safety equipment users, OH&S professionals, safety officers, tool crib operators, wind farms, construction and electrical workers, supervisors or site managers; in fact any person who works at height. For detailed course information, contact Capital Safety or visit our training page at www.capitalsafety.com.au.

Capital Safety offers its training programs at your site. By teaching in and around the workers normal environment, we are able to ensure that the issues discussed are immediately applicable to the students. The training is tailored to your site and workers, and the hands-on scenarios actually resolve fall protection hazards in and around your facility.

Course	Description	Qualification	Length	Location
Fall Protection Courses - As Recommended in AS/NZS 1891.4				
Open Enrolment	This course offers all five levels of training as listed below. Participants will acquire the knowledge and skills to work at heights competently, as well as being able to participate in the decision making process. The student will also be able to participate in implementing a rescue plan and assess work site risk. This course has been designed in accordance with the five levels as per AS/NZS 1891.4:2009, Appendix E. Students may choose to study an individual unit or a combination of units, as each unit / level builds on the previous unit skill level..	MEM15004B Perform Inspection PUASAR022A Participate in a Rescue Operation PUASAR032A Undertake Vertical Rescue PUATEA001B Work in a Team PUATEA002B Work Autonomously RIIOHS204A Work Safely at Heights RIIRIS201B Perform Local risk Control RIIRIS301A Apply Risk Management Processes	5 Days	Your Place or Ours
Height Safety Theory	Participants will be introduced to height safety issues such as the consequences and impact of falling from height, as well as learning how the hierarchy of control is applied and the basic legislation relating to the use of height safety equipment. Also available via Online Learning (see back page).	PUATEA002B Work Autonomously RIIRIS201B Perform Local Risk Control	4 Hours	Your Place or Ours
Height Safety Operator	Building on the Height Safety Theory unit, students will undertake a number of practical exercises developing their skills in the correct donning of a full body harness and the use and application of various types of equipment including an introduction to peer rescue.	RIIOHS204A Work Safely at Height	1 Day	Your Place or Ours
Height Safety Supervisor	This unit builds on the Height Safety Operator unit integrating the acquired knowledge of fall protection and using equipment correctly. Participants will establish a responsible level of understanding suitable for making decisions on temporary anchor points and selection of equipment. Participants will then apply these skills in a rescue operation. <i>Note: Prerequisite unit requirements apply (HLTFA201B Provide Basic Emergency Life Support or PUAEME001B Provide Emergency Care).</i>	PUASAR022A Participate in a Rescue Operation PUATEA001B Work in a Team	1 Day	Your Place or Ours
Height Safety Equipment Inspector	This unit provides the participants with the knowledge and techniques to inspect and oversee the care and maintenance of their organisation's fall protection equipment. The training focuses on the Australian standards that require scheduled and documented inspection of height safety equipment. Also available via Online Learning (see back page).	MEM15004B Perform Inspection	4 Hours	Your Place or Ours
Height Safety Manager	The final unit in the Height Safety Series combines and consolidates all that is learned in the previous units. Participants will learn to choose the most appropriate equipment for a specific task, write a rescue plan and conduct a risk assessment. Participants will work in teams to install and use the chosen system.	PUASAR032A Undertake Vertical Rescue RIIRIS301A Apply Risk Management Processes	2.5 Days	Your Place or Ours
Fall Protection & Rescue Courses - Standard Competencies				
Work Safely at Heights	Work Safely at Heights is based upon the Resource Infrastructure training package competency, that takes the participant through the theory of working at height and includes practical exercises applying site based protection systems to job specific tasks. This "Operator" level course teaches the basis of harness fitting and use while incorporating where applicable, site specific fall protection and rescue systems.	RIIOHS204A Work Safely at Heights	1 Days	Your Place or Ours
Vertical Rescue	This course builds on the skills developed in Work Safely at Heights. This course is intended for workers who will be working at heights either in a team or solitary situation. Participants will establish a level of understanding suitable to make safe decisions during normal work situations and rescue operations. Rescue techniques will be based upon the sites rescue kits or a generic rescue kit, including automatic control devices for emergency descent. <i>Note: Prerequisite unit requirements apply (HLTFA201B Provide Basic Emergency Life Support or PUAEME001B Provide Emergency Care).</i>	PUASAR022A Participate in a Rescue Operation PUASAR032A Undertake Vertical Rescue PUATEA001B Work in a Team PUATEA002B Work Autonomously	2 Days	Your Place or Ours
Customised Courses				
<i>Capital Safety can customise any of our courses to suit your particular needs. We discuss your needs and put a recommendation forward for your consideration. Some of the customised courses currently available are Transformer, Substation, Wind Turbine and Hub & Roof Rescue. Contact us for more detailed information or a quotation.</i>				
Transformer Access/ Substation	Height safety for transformers and within substations is a course built from client need and necessity. Based upon the Work Safely at Heights course and customised to meet the needs of the transformer and substation technicians, the course focuses on the on the use of restraint systems where possible and fall arrest when necessary. Theory is supported by practical exercises on available transformer/substation structures.	Builds on Work Safely at Heights competencies	1 Day	Your Place
Wind Turbine/Height Safety & Rescue	Based upon the vertical rescue course, this program is customised to the needs of the wind turbine technicians. Practical exercises are based upon emergency evacuation from the nacelle to rescue an incapacitated worker in the nacelle or tower. This is a very active hands-on course which will require participants to utilise fall protection equipment relevant to their requirements within the wind turbine. <i>Note: Prerequisite unit requirements apply (HLTFA201B Provide Basic Emergency Life Support or PUAEME001B Provide Emergency Care)</i>	PUASAR022A Participate in Rescue Operation, PUATEA001B Work in a Team, PUASAR032A Undertake Vertical Rescue, PUATEA002B Work Autonomously	3 days	Your Place
Hub Rescue	Utilising the skills taught in the Wind Turbine/Height Safety & Rescue course, hub courses are available to be customised to the clients turbines. Prerequisite unit requirements apply (Wind Turbine/Height Safety & Rescue course) <i>Note: Hub Rescue training requires a single day on site to establish the HR procedures for the clients turbine and rescue kits.</i>	Builds on Wind Turbine/Height Safety & Rescue competencies	1 Day	Your place (Hub access required)
Specialty Courses				
<i>In order to provide nationally recognised competencies for these customised courses, we offer the following competencies as a part of our scope of registration:</i>				
Confined Space	MSAPMPER200C Work in Accordance with an Issued Permit, MSAPMPER205C Enter Confined Space, MSAPMOHS217A Gas Test Atmospheres, MSAPMOHS216A Operate Breathing Apparatus (optional) OR RIIOHS202A Enter Work in Confined Spaces			
Perform CPR	HLTCPR201B Perform CPR			
Provide Basic Emergency Life Support	HLTFA201B Provide Basic Emergency Life Support (Incorporates the content of HLTCPR201B Perform CPR)			
Apply First Aid	HLTFA301C Apply First Aid (Incorporates the content of HLTCPR201B Perform CPR and HLTFA201B Provide Basic Emergency Life Support)			

Online Learning: Height Safety Awareness & Height Safety Equipment Inspector

Online learning enables participants to complete training to suit their lifestyle and work demands. The unit of study is broken into sub-sections that will encourage information retention before moving onto the next sub-section. Participants may enter and leave the course at their leisure. Assessment can be taken at the end of each sub-section or at the end of the course, however the participant cannot move on to the next unit until the current section is complete with a pass mark of at least 85%, therefore eliminating a tick and flick approach.

The online Height Safety Theory unit of study provides the theoretical component and assessment in an online environment which is ideal for inclusion in new employee induction programs, for continuous improvement opportunities or as a refresher for long term experienced workers. Persons who successfully complete this program may be eligible for Recognition of Prior Learning (RPL) towards the Height Safety Operator course. Likewise, this program may be utilised in a blended learning environment towards achieving Height Safety Operator competency.

The online Height Safety Equipment Inspector unit of study is theory based providing multimedia examples for height safety equipment inspection and recording of findings. It is aimed at persons responsible for the periodic inspection of height safety equipment. Capital Safety recommends that persons wishing to undertake this unit of study complete the Height Safety Theory unit which will provide an understanding of the types of equipment and their application which will aid in the inspection process.

Successful completion of these programs will result in the issue of a Statement of Attainment relevant to the unit studied.



Industry Applications



Contact Capital Safety for more detailed information on our Training courses, or visit www.capitalsafety.com.au.

Alternatively scan the QR Code above with your smart phones QR scanner/reader. QR readers are available for free from your mobiles app store.

Wind Turbines | Transmission Towers | Telecommunication Towers | Transformers | Substations | Mining | Construction | General Manufacturing | Confined Space Access/Egress | Vertical Rescue

Contact us for more detailed information



HEAD OFFICE AND MANUFACTURING
95 Derby Street Silverwater NSW 2128 Australia
Phone: +61 2 8753 7600 Fax: +61 2 8753 7603
Email: traininginfo@capitalsafety.com.au

Call: 1800 245 002 (AUS) 0800 212 505 (NZ)
www.capitalsafety.com.au